

# October is National Physical Therapy Month!

The Physical Therapy department at Minneola Healthcare works together to develop an individualized plan to improve overall functional mobility and improve your quality of life!

## Several services offered:

- Orthopedic Care – pre/post-operative
- Strengthening
- Flexibility
- Balance re-education
- Pain management/modalities
- Gait training
- IASTYM and AASTYM certified
- Cervical and Lumbar traction
- Manual therapy
- Massage therapy
- Pediatric care
- Sports rehabilitation
- Vestibular Rehab
- Work Safety
- Body Mechanics/Ergonomics
- Cardiac Rehab

## Mammo Bus

The United Radiology Mobile Mammography and DEXA coach comes to Minneola Healthcare about 5 times a year. (February, April, June, August, and October)

The Mobile Mammography and DEXA coach offers 3D mammography. 3D mammography is one of the newest and best technologies available for breast imaging!

Compared to 2D mammography alone, 3D mammography is proven to:

- Provide better, earlier breast cancer detection
- Reduce unnecessary callbacks by up to 40%
  - Detect 41 % more invasive breast cancers
- Benefit women of all ages and breast densities

Call Minneola Healthcare's Radiology Department at 620-885-4264, and they will gladly assist you in getting scheduled for a Mammogram or DEXA (bone density scan).



## Let's Talk About It!

### Will Flu & COVID-19 Co-Exist?

It's likely that influenza & COVID-19 will be spreading at the same time. Getting a flu vaccine is more important than ever, for persons 6 months & older.

#KansasFightsFlu

For more information, visit [kdehs.gov/flu](http://kdehs.gov/flu).

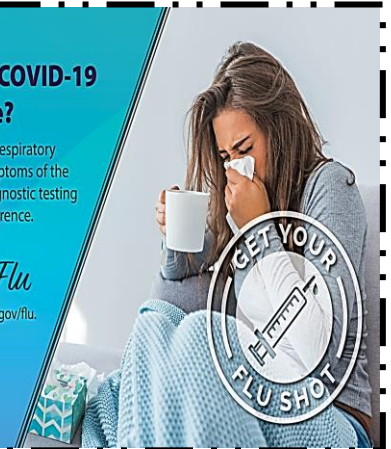


### Can I Have Flu & COVID-19 at the Same Time?

It is possible to have multiple respiratory illnesses at once. Because symptoms of the flu & COVID-19 are similar, diagnostic testing is likely needed to tell the difference.

#KansasFightsFlu

For more information, visit [kdehs.gov/flu](http://kdehs.gov/flu).



## NEW HIRES

- ★ *Katelynn Milner, Dietary*
- ★ *Jennifer Imel, APRN*
- ★ *Stephanie Swonger, LTC C.N.A*
- ★ *Kristy Packard, Physical Therapist*

## Minneola Healthcare

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 Phone: 620-885-4264  
 Fax: 620-885-4602



## Minneola Healthcare


October 2020



# 4<sup>th</sup> Annual Women's Health Event

## Employee Spotlight

## Need Flight Insurance?



**WOMEN'S HEALTH EVENT**

Please join us for our 4th Annual Women's Health Event!

October 21st  
7:30 PM  
Minneola High School Parking Lot

This will be a Drive Up event in the MHS parking lot. While this year will look different, we can't wait to see you and best of all, we still have loads of great prizes to give away!

**MHC**  
Minneola Healthcare

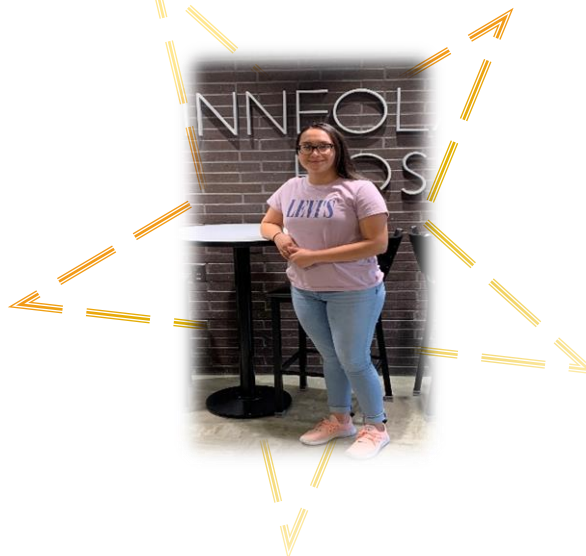
Call one of the numbers listed below with any questions!  
Minneola Clinic: 620.885.4202  
Minneola Hospital: 620.885.4264



\*The employee has been chosen by random selection.\*

This month's employee spotlight is shining on Sabra Vazquez-Guzman! Sabra has worked at Minneola Healthcare as a RN at the hospital for 11 months. Sabra loves working at Minneola Healthcare because there is such amazing teamwork, and everyone is so nice! Sabra grew up in Dodge City, and she still lives there with her 5-year-old daughter, Camila, and her husband of 6 ½ years, Juan. Sabra enjoys doing arts and crafts with her daughter and she loves spending time with her family.

Even behind the mask, Sabra is always smiling and greeting everyone with kindness. We can all agree we are lucky to have Sabra here at Minneola Healthcare!



Flight insurance or air ambulance coverage is something that everyone should consider. Injuries and accidents can occur unexpectedly and sometimes, especially in rural areas, patients need to be transferred to another facility to get the level of care that is needed for their condition. When quick transport is needed via air ambulance, flight insurance can offer financial peace of mind. The two companies listed below offer a variety of options to fit your family's needs and to ensure the least amount of out-of-pocket expense possible.

Please note: several factors (patient condition, availability of transport units, weather conditions, etc.) have to be taken into account in considering which transport service will be utilized.

Therefore, there is a possibility that the company/service you have insurance for is not the most appropriate for your transport at that time.

LifeSave Transport: 1-877-213-5433 or visit [www.lifesave.com](http://www.lifesave.com)

EagleMed: 316-613-4855 or visit [www.flyeaglemed.com](http://www.flyeaglemed.com)

